

Rank	Cat Rank	Forename	Surname	Sex	Category	Club	TIME
1	1	Matthew	Knowles	Male	U18	Lancs & Morcombe	00:23:08
2	1	Lewis	Roberts	Male	U40	Eryri Harriers	00:25:10
3	1	Joel	Gomes	Male	O40	Wrexham AC	00:25:48
3	2	Ed	Woodhead	Male	U18	Deeside AAC	00:25:48
5	2	Lawrence	Eccles	Male	U40	NONE	00:25:54
6	3	Tom	Booth	Male	U40	West Cheshire AC	00:25:59
7	1	Alex	Poulston	Male	U16	Wirral AC	00:27:14
8	1	Chris	Larkin	Male	U23	Helsby RC	00:27:19
9	2	Jez	Brown	Male	O40	Buckley Runners	00:28:26
10	2	William	Sutcliffe	Male	U16	Wirral AC	00:28:40
11	4	Harry	Chadwick	Male	U40	NONE	00:29:12
12	3	Luke	Hampshire	Male	U18	Wallasey AC	00:29:24
13	4	Matthew	Anthony	Male	U18	Deeside AAC	00:29:25
14	5	Andrew	Peers	Male	U40	Buckley Runners	00:29:35
15	1	Craig	Jones	Male	O50	Eryri Harriers	00:29:45
16	3	Stephen	Skates	Male	O40	Prestatyn RC	00:29:56
17	4	Drew	Gray	Male	O40	NONE	00:30:08
18	6	Peter	Eccleston	Male	U40	Coventry Godiva Harriers	00:30:16
19	7	Tom	Levitt	Male	U40	Chester Road Runners	00:30:19
20	8	Al	Smithson	Male	U40	Mersey Tri	00:30:27
21	5	Chris	Barnes	Male	O40	Wirral AC	00:30:30
22	2	John	Montgomery	Male	O50	Clwydian Range Runners	00:30:52
23	3	Ted	Bolton	Male	U16	Wrexham AC	00:31:10
24	3	Tim	Woodhead	Male	O50	Deeside AAC	00:31:20
25	1	Vic	Belshaw	Male	O60	Denbigh Harriers	00:31:33
26	4	Gareth	Williams	Male	O50	Vale Royal AC	00:31:41
27	9	John	Rolton	Male	U40	Clwydian Range Runners	00:32:16
28	1	Tracy	Rogers	Female	U40	Buckley Runners	00:32:20
29	10	Adam	Green	Male	U40	Ambleside ac	00:32:28
30	11	Alastair	Morris	Male	U40	Clwydian Range Runners	00:32:42
31	12	Paul	Francis	Male	U40	NONE	00:32:45
32	5	Billy	Craig	Male	O50	Clwydian Range Runners	00:32:53
33	6	Dan	Hurst	Male	O40	Clwydian Range Runners	00:32:55
34	7	Gary	MacAlister	Male	O40	Avon Valley Runners	00:33:04
35	8	Stephen	Bozier	Male	O40	North Wales Road Runners Club	00:33:07
36	9	Paul	Griffiths	Male	O40	Formula One Circuit Crew	00:33:12
37	13	Cal	Clark	Male	U40	Abbey Runners	00:33:20
38	14	Robin	Masters	Male	U40	NONE	00:33:45
39	15	Adam	Hill	Male	U40	NONE	00:33:51
40	1	Rachael	Theobald	Female	U18	Wirral AC	00:34:03
41	16	Dan	Peers	Male	U40	NONE	00:34:15
42	10	Mike	Alexander	Male	O40	WeSwimRun	00:34:20
43	1	Emma	Theobald	Female	U16	Wirral AC	00:34:30
44	1	Emma	Collins	Female	O50	Denbigh harriers	00:34:37
45	11	Simone	Capponi	Male	O40	Penny Lane Striders	00:34:38
46	12	James	Harris	Male	O40	Clwydian Range Runners	00:34:47
47	6	Ian	Roche	Male	O50	Mersey Tri	00:34:51
48	17	Michael	O'Rourke	Male	U40	Penny Lane Striders	00:35:04
49	2	Faye	Mullen	Female	U40	Abbey Runners	00:35:22
50	18	Mark	Jennings	Male	U40	NONE	00:35:23
51	7	Joe	McCarthy	Male	O50	North endurance	00:35:25
52	19	Jonathan	Grieve	Male	U40	Knowsley Harriers	00:35:30
53	8	John	Peaker	Male	O50	Chester Tri	00:35:31
54	13	Peter	Hampshire	Male	O40	Pensby Runners	00:35:40
55	3	Katy	Baugh	Female	U40	Denbigh Harriers	00:35:55
56	9	Neil	Burdett	Male	O50	NONE	00:36:04
57	14	Colin	Price	Male	O40	Totley ac	00:36:12
58	2	Stephen	Bellis	Male	O60	Buckley Runners	00:36:12
59	15	Graeme	Peacock	Male	O40	Clwydian Range Runners	00:36:15
60	3	Ian	Sadler	Male	O60	NONE	00:36:18
61	10	Neil	Gooding	Male	O50	Pensby Runners	00:36:20
62	4	Helen	Skipper	Female	U40	Mersey Tri	00:36:22
63	4	Iain	Wood	Male	O60	Chester Tri	00:36:28
64	20	Dominic	Ward	Male	U40	NONE	00:36:35
65	21	Will	Garton	Male	U40	Clwydian Range Runners	00:36:37
66	1	Victoria	Whitehead	Female	O40	Denbigh Harriers	00:36:47
67	5	Huw	Lewis	Male	O60	NONE	00:36:57
68	11	Tim	Palmer	Male	O50	Helsby RC	00:36:58
69	22	Jack	Swann	Male	U40	NONE	00:37:04
70	23	Alex	Vickery	Male	U40	Clwydian Range Runners	00:37:05
71	2	Connie	James	Female	O50	NONE	00:37:06

Trophy
Plimmer; Julie Tullis

Robin Wooley

Browner

Llys Fynydd Shield

Anderson

Hawitt

Snodgrass
Deeside College (missing)

Rank	Cat Rank	Forename	Surname	Sex	Category	Club	TIME
72	5	Kate	Macfarlane	Female	U40	Penny Lane Striders	00:37:13
73	12	Alan	Heath	Male	O50	NONE	00:37:25
74	13	Andrew	Theobald	Male	O50	NONE	00:37:25
75	16	Paul	Bateman	Male	O40	NONE	00:37:35
76	3	Mandy	Peppers	Female	O50	Clwydian Range Runners	00:37:37
77	2	Sarah	Theobald	Female	U16	Wirral AC	00:37:40
78	6	Alan	Duncan	Male	O60	Bowland FR	00:37:41
79	4	Kim	Collins	Female	O50	Llangollen Running Club	00:37:41
80	24	Frederick	Smith	Male	U40	Clwydian Range Runners	00:38:35
81	6	Christine	Cammillare	Female	U40	Deestridders	00:38:45
82	14	Richard	Borne	Male	O50	Mystruns	00:38:45
83	4	Jamie	Barnes	Male	U16	Wirral AC	00:38:53
84	7	Kathryn	Bradley	Female	U40	Penny Lane Striders	00:38:55
85	7	Paul	Aird	Male	O60	Deestridders	00:38:58
86	5	Isaac	Hobson	Male	U16	NONE	00:39:23
87	8	Shona	Moore	Female	U40	Mersey Tri	00:39:25
88	17	Iain	Hobson	Male	O40	Buckley Runners	00:39:26
89	2	Laura	Gale	Female	O40	Bournville Harriers	00:39:32
90	15	Steven	Brown	Male	O50	Prestatyn RC	00:39:38
91	9	Hayley	Turner	Female	U40	Eryri Harriers	00:40:01
92	25	Matt	Hail	Male	U40	NONE	00:40:09
93	10	Sarah	Ward	Female	U40	NONE	00:40:12
94	18	John	Cooney	Male	O40	Knowsley Harriers	00:40:16
95	11	Jennie	Barker	Female	U40	Ellesmere Port RC	00:41:18
96	19	Andy	Peppers	Male	O40	Clwydian Range Runners	00:41:33
97	20	James	Harvey	Male	O40	Ellesmere Port RC	00:41:33
98	16	Terry	Lynch	Male	O50	Penny Lane Striders	00:41:37
99	6	Archie	Peppers	Male	U16	Clwydian Range Runners	00:42:04
100	5	Sandra	Montgomery	Female	O50	Clwydian Range Runners	00:42:14
101	3	Alice	Williams	Female	O40	Clwydian Range Runners	00:42:15
102	1	Paul	Wildermuth	Male	O70	NONE	00:43:22
103	12	Laura	Macfarlane	Female	U40	Glossopdale Harriers	00:43:39
104	21	David	Lynan	Male	O40	Penny Lane Striders	00:43:44
105	2	John	Morris	Male	O70	Buckley Runners	00:44:08
106	13	Jess	Evans	Female	U40	NONE	00:44:12
107	8	Green	Tony	Male	O60	Penny Lane Striders	00:44:25
108	6	Sharon	Eaton	Female	O50	None	00:44:27
109	9	John Francis	Jennings	Male	O60	NONE	00:44:59
110	10	Geoff	Collins	Male	O60	Helsby RC	00:45:57
111	4	Sarah	Jackson	Female	O40	Penny Lane Striders	00:46:10
112	5	Hayley	Winder	Female	O40	NONE	00:46:47
113	6	Caroline	Caffery	Female	O40	NONE	00:48:25
114	7	Alex	Duffey	Female	O40	West Cheshire AC	00:49:24
115	22	Lee	Warburton	Male	O40	Penny Lane Striders	00:50:26
116	14	Heather	Davies	Female	U40	Knowsley Harriers	00:51:08
117	23	Dave	Galloway	Male	O40	NONE	00:54:26
118		Nathan	Williams	Male	U23	NONE	DNF
119		Evelyn	Dimatulac	Female	U40	NONE	DNS
120		Michael	Hazel	Male	U40	Wrexham AC	DNS
121		Peter	Mould	Male	U40	Eryri Harriers	DNS
122		Arwel	Lewis	Male	O60	Eryri Harriers	DNS
123		Neil	Dalleywater	Male	O50	Clwydian Range Runners	DNS
124		Michael	Waring	Male	O50	Chester Tri	DNS
125		Andy	Hughes	Male	O40	NONE	DNS

Trophy

Denis Kemp

Rank	Cat Rank	Forename	Surname	Sex	Category	Club	TIME
28	1	Tracy	Rogers	Female	U40	Buckley Runners	00:32:20
40	1	Rachael	Theobald	Female	U18	Wirral AC	00:34:03
43	1	Emma	Theobald	Female	U16	Wirral AC	00:34:30
44	1	Emma	Collins	Female	O50	Denbigh harriers	00:34:37
49	2	Faye	Mullen	Female	U40	Abbey Runners	00:35:22
55	3	Katy	Baugh	Female	U40	Denbigh Harriers	00:35:55
62	4	Helen	Skipper	Female	U40	Mersey Tri	00:36:22
66	1	Victoria	Whitehead	Female	O40	Denbigh Harriers	00:36:47
71	2	Connie	James	Female	O50	NONE	00:37:06
72	5	Kate	Macfarlane	Female	U40	Penny Lane Striders	00:37:13
76	3	Mandy	Peffer	Female	O50	Clwydian Range Runners	00:37:37
77	2	Sarah	Theobald	Female	U16	Wirral AC	00:37:40
79	4	Kim	Collins	Female	O50	Llangollen Running Club	00:37:41
81	6	Christine	Cammillare	Female	U40	Deestridders	00:38:45
84	7	Kathryn	Bradley	Female	U40	Penny Lane Striders	00:38:55
87	8	Shona	Moore	Female	U40	Mersey Tri	00:39:25
89	2	Laura	Gale	Female	O40	Bournville Harriers	00:39:32
91	9	Hayley	Turner	Female	U40	Eryri Harriers	00:40:01
93	10	Sarah	Ward	Female	U40	NONE	00:40:12
95	11	Jennie	Barker	Female	U40	Ellesmere Port RC	00:41:18
100	5	Sandra	Montgomery	Female	O50	Clwydian Range Runners	00:42:14
101	3	Alice	Williams	Female	O40	Clwydian Range Runners	00:42:15
103	12	Laura	Macfarlane	Female	U40	Glossopdale Harriers	00:43:39
106	13	Jess	Evans	Female	U40	NONE	00:44:12
108	6	Sharon	Eaton	Female	O50	None	00:44:27
111	4	Sarah	Jackson	Female	O40	Penny Lane Striders	00:46:10
112	5	Hayley	Winder	Female	O40	NONE	00:46:47
113	6	Caroline	Caffery	Female	O40	NONE	00:48:25
114	7	Alex	Duffey	Female	O40	West Cheshire AC	00:49:24
116	14	Heather	Davies	Female	U40	Knowsley Harriers	00:51:08
119		Evelyn	Dimatulac	Female	U40	NONE	DNS

Trophy
Anderson
Hawitt
Snodgrass
Deeside College (missing)